

EMERGENCY ACTION PLAN

Office of Life Safety and Emergency Management (Lab/Bio/Fire/Life).....	978 - 934 - 2618
Emergency Line (Police/EMS).....	978 - 934 - 4911, or 44911 on campus phone
Psychological Crisis On-Call Clinician.....	855 - 890 - 2879
Campus Police (Non-Emergency).....	978 - 934 - 2398, or 42398 on campus phone
Emergency Medical Services (Non-Emergency).....	978 - 569 - 0554 or UMass_EMS@uml.edu
Facilities Management.....	978 - 934 - 2601
Information Technology.....	978 - 934 - 4357
National Suicide Prevention Lifeline.....	9 - 8 - 8
Office of Equal Opportunity and Outreach.....	978 - 934 - 3565
Poison Control.....	1 - 800 - 222 - 1222
Residence Life.....	978 - 934 - 5160
Weather-Related.....	978 - 934 - 2121
Wellness Center.....	978 - 934 - 6800



CONTACT INFORMATION

EMERGENCY ALERTS

www.uml.edu/alert/

RAVE: www.getrave.com/login/uml

NotifyMe: www.lowellma.gov/list.aspx



All members of the campus community who have a UMass Lowell email are automatically enrolled in the UMass Lowell Alerts system. The **RAVE** link above corresponds with the campus alerts system. You can update your contact information via the link. **NotifyMe** will provide you with notifications from the city of Lowell.

These resources provide information that includes updates on natural disasters, threats to campus safety, severe weather, and more.

If you are visiting campus for a shorter period of time, you can also receive alerts without a UML email address.

Text **"UMLVisitorAlerts"** to **22-6787** for 7 days of alerts!

Text **"UMLAlerts"** to **22-6787** for 180 days of alerts!

On **Mass.gov/alerts**, you can gain access to weather advisories, power outage information, traffic alerts, and preparation/response/recovery plans for emergencies and disasters. To be aware of emergencies on the national level, make sure you have the **FEMA app** (QR code above) to receive real-time updates and notifications.

EMERGENCY ALERTS

PUBLIC HEALTH

www.uml.edu/student-services/health/

978 - 934 - 6800

Health_Services@uml.edu / Wellness_Center@uml.edu

University Crossing, 3rd Floor

Public health emergencies can involve infectious disease outbreaks, contamination events, or other widespread health hazards that pose risks to the community. These situations require coordinated action to minimize exposure and protect public health.

- Follow health guidelines, such as wearing masks, practicing social distancing, and adhering to hygiene protocols, depending on the nature of the emergency.
- Limit contact with others to reduce the spread of illness or contamination.
- Avoid crowded areas and consider isolating yourself if instructed by health officials or if you are feeling unwell.
- Wash your hands regularly.

Students: If you or others are showing symptoms related to the public health threat, contact UMass Lowell Health Services (978-934-6800) or your healthcare provider for advice.

***Faculty, Staff, and Visitors:** Make arrangements with or consult off-campus medical providers.

***If you have been exposed to the health hazard or are experiencing symptoms, report your condition to UMass Lowell Health Services or appropriate public health authorities. Information is available on the Massachusetts Department of Public Health Website or at (617) 983-6800 (MA DPH Infectious Disease Surveillance, Reporting, and Control).**

PUBLIC HEALTH

NATURAL DISASTERS / WEATHER

www.uml.edu/EEM/Life-Safety-Systems/
978 - 934 - 2618 + 978 - 934 - 4911 (emergent)
EmergencyPreparedness@uml.edu

While certain natural disasters are less likely to occur in Massachusetts, they still can strike without warning. Severe weather poses similar threats -- remain indoors and shut doors/windows.

Flood: move to higher floors or elevated areas immediately. Shallow water can sweep you off your feet or disable vehicles. Avoid contact with water (may contain harmful contaminants or electricity)

Earthquake: Drop. Cover. Hold on. Find a secure spot underneath stable furniture on your hands and knees, avoid hanging objects/anything that could fall. Hold on to the stable object and protect your head/neck with your arms. Expect aftershocks. Stay away from windows.

- **If outdoors:** Move away from buildings, streetlights, and utility wires. Drop and cover. Stay in an open area until the shaking stops.

- **Within a vehicle:** Pull over when safe to do so. Avoid power lines and structural hazards (buildings/overpasses/tress/bridges/tunnels). Stay inside the vehicle with your seatbelt on.

Tornadoes: Move to the lowest floor of a sturdy building. Stay away from windows/doors/exterior walls. Try to cover yourself from flying debris under sturdy furniture. Protect your head/neck.

After an incident concludes, **check yourself and others for injuries**. Call for emergency personnel if needed. If asked to evacuate by emergency personnel, **move swiftly with only necessary items**. **Do not re-enter or leave buildings** until it is deemed safe to do so. **Stay clear of any falling hazards**.

NATURAL DISASTERS / WEATHER

DRUG AND ALCOHOL SAFETY

www.uml.edu/student-services/reslife/policies/drugs-and-alcohol.aspx

978 - 934 - 5160

ResLife@uml.edu

Graduate and Professional Studies Center, Suite 140

The university enforces policies to prevent illegal drug and alcohol use in compliance with federal guidelines. More information can be found in the **Student Conduct Code** or in the **Residential Community Living Guidelines**.

Signs of overdose: confusion, inability to stay alert/conscious, vomiting, slowed/irregular breathing, seizing, cold skin, abnormal pupils (pinpoint = small, dilated = wide), agitation, paranoia, etc.

*Call the **Emergent Police/EMS line** for the signs/symptoms listed above, as they indicate a potentially life-threatening emergency!

***UML Good Samaritan Policy:** neither the intoxicated individual nor the individual who assists (contacting Police/EMS) will be subject to formal university disciplinary actions for (1) being intoxicated or (2) having provided that person alcohol.

Substance abuse support:

Counseling Center (978-934-4331)

Student Health Services (978-934-4991)

Human Resources Office (978-934-3555)

Narcan:

Reverses opioid overdose

Insert nozzle into nostril and spray!

Make sure to call 911

DRUG AND ALCOHOL SAFETY

SEXUAL ASSAULT AND HARASSMENT

www.uml.edu/prevent/

978 - 934 - 3565

equal_opportunity@uml.edu

Sexual assault, violence, and harassment can happen to anyone, anywhere. UML is committed to preventing such crimes as well as addressing all concerns and providing support.

If this is an emergency or you need immediate medical assistance, please contact UMLPD at 978/934-4911 or 911

Physical Safety and Preserving Evidence

If you can, leave the environment and get to a safe location.

Seek Medical, Mental Health, and/or Law Enforcement services as you need/want them.

It is strongly encouraged that you seek medical assistance. If you need transportation to the Hospital, UMLPD can assist.

Avoid cleaning up in any way such as taking a shower, bathing, washing your hands, combing your hair or brushing your teeth;

Avoid using the toilet especially if you suspect you were given a drug to incapacitate you;

Choose either to not change your clothes or if you do change your clothes, put all of the clothing you were wearing at the time of the assault in a paper (not plastic) bag and bring the bag with you to the hospital. The hospital will provide you with scrubs or sweats or you can have someone bring clothing

Reporting Options and filing a Complaint

Anonymous Reports: You may file a report through EOO, but do not disclose your name or info.

Reporting and Complaint: File an online report by visiting uml.edu/hr/equal and click the report a concern button. You may also email equal_opportunity@uml.edu or call (978) 934-3707. The Title IX Coordinator of Deputy Title IX Coordinator will assist you with options and supportive measures.

Confidential Resources

Counseling Services (Students)

Health Services (Students)

EAP (Employees)

National Sexual Assault Hotline:

1-800-656-4673

Center of Hope and Healing

(<https://chhinc.org/>

800-542-5212)

Additional Resources indicated in the UML Nondiscrimination Guidelines (uml.edu/hr/equal)

Note that employees who do not work in the offices above are **NOT** confidential and may have reporting obligations.

Supportive Measures

Complainants are entitled to supportive measures whether the choose to move forward with a complaint or not. Measures may include but are not limited to:

- No Contact Orders;
- Alternative Housing Assignments;
- Alternative Classroom Assignments;
- Academic Supportive measures for missed classes/assignments;
- Leaves of Absence;
- Assistance in Reporting to Law Enforcement or seeking Court Protection Orders; Etc.

SEXUAL ASSAULT AND HARASSMENT

CRIME IN PROGRESS

www.uml.edu/police/personal-safety/

978 - 934 - 4911 (from cell phone) + 44 - 911 (from campus phone)

Police@uml.edu (non-emergent)

Community members, students, faculty, staff, and guests are encouraged to report all crimes and public safety-related incidents to the UMass Lowell Police Department in a timely manner.

If you witness, are involved in, or are the victim of a violation of the law in-progress, call UML PD on the emergency line listed above. When using a cell phone, please remember that 9-1-1 will not reach the dispatchers at UMass Lowell.

If possible, provide the dispatcher with the following information:

- Your name and location / location of the incident
- Nature of the incident (what happened/is happening?)
- Description of those involved (age/gender)
- Stay on the line!

Make sure to call back if you get disconnected from the line! Try your best to stay calm, help is on the way. If someone is injured, do not attempt to move them unless they are in immediate danger.

Situational Awareness: It is important to always take note of your surroundings, especially in unfamiliar or dark areas. Make sure you know who you are with, where you are, what resources are around you, and where the nearest exits are. Try to think ahead and have a plan in advance.

Blue Emergency Phones: UML has over 100 emergency phones spread out across campus.

External phones are found on blue poles and are illuminated by a blue light. Internal phones have a silver face and red emergency button. With these phones, you will be immediately in contact with a UML dispatcher. They will have your exact location based on the phone you call from.

CRIME IN PROGRESS

FACILITIES OUTAGE

www.uml.edu/facilities/
978 - 934 - 2601
facilities@uml.edu
45 Lawrence Drive

If you notice or are struggling with facilities issues on campus, make sure to contact Facilities Management so they can correct the issue! Call the number above for urgent issues, or fill out the service request form on their website for non-urgent matters. Number above may not be reachable in emergencies with power loss or IT outages.

URGENT ISSUES: (CALL)

- appliance replacement
- outlets/power outage
- broken elevator doors, buttons, entrapment
- chemical/gas odors
- burning odors or mold
- acid neutralization alarm
- snow/ice removal
- broken glass
- deceased animal removal
- irrigation break
- smoke/fire alarm beeping
- sprinkler/roof leak
- toilet paper/paper towels needed
- HVAC service
- repair locks/new keys
- pest control
- leaking/clogging/overflowing in bathrooms

NON-URGENT ISSUES: (SERVICE REQUEST)

- appliance repairs
- light sensor repairs/light cover installs
- elevator cleaning/inspection
- item pickup and replacements
- parking garage services
- landscaping/trash/sawhorses
- fume hood/emergency exit sign repairs
- move/remove/dispose of furniture
- door/paint/tile/furniture/window repairs
- parking lot gates repair
- graffiti
- carpet stains, hallway trash bins, vacuuming, floor waxing, hand-sanitizer
- install AC unit/noisy AC unit
- cabinet/desk locks
- broken toilet seat, water pressure
- interior room lights/exterior signs

****If there is a gas leak, ventilation issue, or flooding: vacate the area immediately and call UML Police.**

FACILITIES OUTAGE

SUSPICIOUS PACKAGE / BOMB THREAT

www.uml.edu/alert/policies-procedures.aspx

978 - 934 - 4911 (emergent)

If you come across a suspicious package or bomb threat, **DO NOT** touch the object. Do not open, smell, or taste. **Call the UML PD emergency line immediately.** Be prepared to evacuate.

IF YOU SEE SOMETHING, SAY SOMETHING!

What would be considered “suspicious”?

- You were not expecting to receive mail
- No return address on mail
- Restrictive markings
- Sealed with tape/excessive tape
- Poorly written/typed words
- Unknown powders/substances
- Excessive postage (possibly mailed from a foreign country)
- Oily stains/discolorations
- Strange odor(s)
- Incorrect title or address
- Rigid or bulky
- Lopsided or uneven
- Protruding wires

Bomb threats may be sent over the phone via call, text, email, or social media. If you receive a bomb threat, report it immediately to campus PD. If informed via phone call, attempt to remain calm. These threats are generally made by individuals trying to create an environment of fear and panic. All threats, regardless of who makes them, when they are made, or how they are received, should be considered real.

Ask questions like:

What is the bomb’s location? Detonation time? What does it look like? What type of bomb? What will trigger explosion? Did you place the bomb? Why? What is your name? Where are you?

Take note of background noise/voice characteristics:

Are they calm/stuttering/laughing/angry/crying/excited?

Do they have a deep voice, accent, or lisp? Are they speaking rapidly/slowly/loudly?

Did the voice seem familiar at all?

Could you hear street noises/animals/machinery/voices/transit systems/music/trains/planes?

Was their language coherent/educated/incoherent/obscene/recorded/read/irrational?

Record the exact words of the threat.

Follow evacuation orders and await further instructions from public safety officials.

SUSPICIOUS PACKAGE / BOMB THREAT

FIRE SAFETY

www.uml.edu/alert/policies-procedures.aspx

978 - 934 - 4911 (from cell phone) or 44 - 911 (from campus phone)

RACE =

Rescue/Remove yourself and those around you

Activate the Alarm

Confine/Contain by closing doors

Extinguish if fire is small enough.

A

C

E

What do I do if there is a fire?

- Activate the nearest fire alarm. Knock on doors and shout "FIRE!" to alert others if no alarm.
- Evacuate the building. Do NOT use elevators. Familiarize yourself with at least two exit routes.
- Close doors as you leave to prevent the fire from spreading
- Feel closed doors with the back of your hand before opening them, if it's hot, find an alternative exit or seek shelter
- If there is smoke, stay low to avoid inhalation
- Call the UML PD emergency line (above) and provide as much detail as possible.
- Once evacuated, do not return to the building until emergency personnel deem it safe to do so
- If it's a small fire and you are not in danger, use a fire extinguisher after the alarm is activated

How do I use a fire extinguisher? (PASS) =

Pull the pin to release the handle

Aim the extinguisher towards the base of the flame

Squeeze the handle to release the extinguishing agent

Sweep back and forth across the base of the flames. If the fire does not get smaller, leave the area immediately

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Steps to Follow if You Smell Smoke or Odors but No Visible Fire:

1. Report the Situation - Call University Police at 4-4911 (on-campus) or 978-934-4911 (off-campus). Provide a clear description of the situation and your location.
2. Await Response - Meet and identify yourself to responding personnel when they arrive. Notify your supervisor of the situation and actions you've taken.
3. Stay alert and be cautious until response personnel assess the area.

Be aware of individuals who may need assistance evacuating:

- Guide or assist them to the nearest stairwell that leads directly outside or is safe from the fire.
- Notify emergency personnel or University Police of their location so that proper evacuation can be carried out.
- Stay low, use clothing as a filter and breathe shallowly through your nose
- Remember to **STOP, DROP, and ROLL** if your clothing catches fire

FIRE SAFETY

HAZARDOUS MATERIALS

www.uml.edu/alert/policies-procedures.aspx

978 - 934 - 4911 (from cell phone) or 44 - 911 (from campus phone)

If you were exposed to a hazardous material:

Inform emergency personnel of exposure (contact, inhalation, etc.) if possible. Provide any details about the substance you may have.

Spill contamination procedures:

- 1) In the event of a hazardous materials spill, immediately evacuate the area.
- 2) Call the emergency PD line (above) so that trained personnel can handle the spill.
- 3) Avoid further contamination - restrict access to the area (only trained personnel should be entering the scene).
- 4) Stop the spread - evacuate all individuals exposed to the hazardous material to a nearby area where they can be examined.
- 5) Keep yourself safe - do not reenter or clean up any spills alone or without proper PPE (handled by emergency responders).
- 6) Keep others safe - do not allow additional people to access the site of the spill until deemed safe (Ensure that others are aware to avoid the area).

***Notify responding emergency personnel** if you have information about how it was released or what form of material it is (radioactive, corrosive, flammable, biological)

*If released into the environment (air/water/soil): stop the release if safe; follow procedure above

KEY POINTS:

STOP THE SPILL

WARN OTHERS

ISOLATE THE AREA

MINIMIZE EXPOSURE



HAZARDOUS MATERIALS

ACTIVE SHOOTER / LOCKDOWN

www.uml.edu/alert/policies-procedures.aspx

978 - 934 - 4911 (from cell phone) or 44 - 911 (from campus phone)

Although the likelihood of encountering an active threat on campus remains remote, we encourage members of the campus community to review the following guidelines in the event of an emergency.

An active threat is any incident that poses an immediate threat or imminent danger to the campus community, such as a shooter or a hostage situation.

Reviewing these guidelines now will increase your ability to respond should an emergency arise.

If you are directly experiencing the event, your actions should be to **RUN, HIDE, FIGHT**.

RUN: EVACUATE IF POSSIBLE

- If there is a safe way for you to exit the environment, then evacuate quickly
- Leave your belongings behind
- Attempt to help those around you if possible, do not stop to convince those who refuse
- Get far away and call the emergency line once you're a safe distance from the scene
- Provide information on the threat (location, number of assailants, weapons, etc.)

HIDE (LOCKDOWN): SHELTER IN PLACE IF EVACUATION ISN'T POSSIBLE

- If you are outdoors, move to the nearest safe building or leave campus if safe to do so
- If you are unable to leave the scene, move to a room that can be locked or barricaded
- Lock doors, barricade with heavy furniture (desks, tables, etc.) and stay low
- Turn off the lights and silence your phone, stay away from windows/doors/viewable areas
- Do not open the door unless you are certain it is law enforcement or emergency responders

FIGHT: DEFEND YOURSELF AS A LAST RESORT

- If you encounter a situation where your life is in immediate danger and you have no other option, prepare to defend yourself. Only fight if your life is at risk and there are no other options
- Your goal is to incapacitate or disarm the attacker, act aggressively and commit fully
- Use any available objects as needed (water bottles, chairs, fire extinguishers, etc.)

*Once you encounter law enforcement, raise your hands and keep them visible. Avoid holding anything that may look like a weapon and avoid sudden movements. Remain calm, follow instructions. Once you are safe, report any information about the threat or potential injuries to authorities.

ACTIVE SHOOTER / LOCKDOWN

MEDICAL EMERGENCIES

www.uml.edu/uml-ems/

978 - 934 - 4911 (from cell phone) or 44 - 911 (from campus phone)

All EMTs within UML EMS are trained providers, credentialed and licensed on the National and State levels. Medical emergencies can happen anytime and require immediate action.

When should I call UML EMS?

- If you witness someone get injured
- If someone cannot call for themselves
- If you notice someone experiencing a potential medical problem



What should I say on the phone?

- The location, age, and gender of the patient(s) and number of injured people if possible
- Nature: what you think they're struggling with (ex: trouble breathing, chest pain, bleeding, etc.)
- Call back if you get disconnected! Do not hang up.

What can I do to help?

- Try your best to stay calm, help is on the way!
- Never attempt to move the patient from their position (unless they're in immediate danger!)
- Do not enter a scene that doesn't seem safe
- Check your nearby resources! Apply first aid if you are trained and it is necessary

AED (Automated External Defibrillator):

- At least one in every major building on campus and in high-traffic areas
- Regularly inspected and tested
- Map of AED locations can be found on the UML EMS website
- If needed, simply open the case and use it! It will talk through directions for you and has pictures of each step

STB (Stop the Bleed Kits):

- Currently five kits on campus (Lydon PTB connector hallway, McGauvran 1st floor dining entrance, Fox 1st floor lobby, University Crossing near info desk, Tsongas behind section 102)
- Includes items like gloves, chest seals, gauze, tourniquets, trauma shears, trauma dressings, survival blankets and more

*If you come into contact with bodily fluids that are not your own (blood, vomit, etc.), immediately wash the exposed area with soap and water. Seek medical attention if the infectious materials have contact with non-intact skin, eyes, mouth, or nose.

*For laboratory incidents, the lab instructor must immediately call 978-934-4911 to report the incident. Student or workers should remain at the scene, unless it is unsafe, and wait for first responders. The lab instructor must complete an EEM Incident Report Form after the emergency.

MEDICAL EMERGENCIES

EVACUATIONS + SHELTER IN PLACE

www.uml.edu/police/emergency-preparedness/emergency-response.aspx

978 - 934 - 4911 (emergent)

Things to note for an evacuation:

- Where your nearest exits are (especially in buildings you are in frequently, such as dorms)
- Walk quickly and calmly through your exit route if an alarm activates or you are told to leave
- Do not use elevators during an evacuation
- If you are willing/able, assist those around you or those with disabilities
- Notify emergency responders if you believe someone may be trapped in the building
- Close doors/windows behind you to prevent the spread of hazardous materials
- Once outside, move away from the building and stay off the street so that emergency vehicles have space to enter
- Do not reenter the building until permitted to do so by emergency personnel

For persons who require assistance, or have access / functional needs:

- Plan: Where can you safely wait for emergency personnel if you cannot access the exit?
 - If no smoke/fire, find a room and close doors and windows.
 - If smoke/fire, proceed to the nearest stairwell landing
- Inform emergency responders of your name and location (call the emergency line) and that you are unable to self-evacuate
- If helping someone who is visually impaired, provide detailed guided instructions and offer your assistance through the route
- If someone cannot hear an alarm due to a hearing impairment, alert them using written communication or gestures
- Whenever attempting to help another, remain calm and use direct language to provide guidance and reassurance
- If you cannot help someone alone, notify emergency responders of the individual's location

Shelter-in-Place Orders: Rather than evacuating, in some scenarios it may be safer to shelter in place. In these cases, you will be instructed to stay where you are via the UML RAVE emergency alerts system, Residence Life, UML PD, Emergency Management, University employees, Lowell PD, or other authorities.

- Seek an interior room with less/no windows
- Bring your necessary personal belongings (ID, phone, etc.)
- Shut and lock all windows and close exterior doors
- Turn off air conditioners, heaters and fans.
- Close ventilation systems if able (University staff will turn off ventilation as quickly as possible)
- Make a list of the people with you and ask someone (Residence Life staff, faculty or other staff) to call the list in to UMass Lowell Police Department so they know where you are sheltering. If only students are present, one of the students should call in the list.
- Turn on a radio or TV and listen for further instructions.

EVACUATIONS + SHELTER IN PLACE

PSYCHOLOGICAL EMERGENCIES

www.uml.edu/umatter/students-needing-support/

978 - 934 - 4911 (emergent)

855 - 890 - 2879 (on-call clinician)

978 - 934 - 6800 (counseling services)

Psychological emergencies involve individuals experiencing disturbances in thought, mood, or behavior such that the individual may pose a risk of serious harm to themselves or someone else.

Examples include but are not limited to:

- 1) suicidal behaviors or threats
- 2) violent or homicidal behaviors or threats
- 3) acute psychotic or paranoid thinking
- 4) acute intoxication or drug overdose

Next steps:

- Ensure safety - are there any immediate hazards or threats?
- Call for help! Use the list below to call the correct resource.
- If safe to do so, stay with or near person experiencing the emergency until help arrives.
- Remain calm and allow a comfortable amount of personal space between you and the person.
- Do not provide advice or opinions about what they may be experiencing nor details about what will happen when emergency personnel arrive.

Resources you can call:

- UML Emergency Line (PD/EMS): If there is an immediate threat/danger to any life
 - Provide your names, location(s), behaviors/threats, any additional relevant background
- On-Call Clinician (above): for a mental health crisis without serious risk of harm
 - The Clinician will be able to consult with you about your concerns as well as speak directly to the person (if they are willing) to do an assessment.
- Counseling Services (above): for assessment, referrals, and short term individual counseling

Additional important hotlines:

- Domestic Violence: 800 - 799 - SAFE (7233), 800 - 787 - 3224 (TTY)
- Eating Disorders Association: 800 - 931 - 2337
- Lesbian, Gay, Bisexual, and Transgender: 888 - 843 - 4564
- Military and Veterans: 800 - 273 - 8255 and Press 1
- Samaritans: 877 - 870 - HOPE (4673)
- Sexual Assault: 800 - 656 - HOPE (4673)
- Substance Abuse and Mental Health Administration Treatment and Referral: 800 - 662 - HELP (4357), 800 - 487 - 4889 (TTY)
- Suicide Prevention: 988, 888 - 628 - 9454 (En Espanol), 800 - 799 - 4889 (TTY)
- Trans Lifeline: 877 - 565 - 8860, (877) 565 - 8860 (En Espanol)

*visit <https://www.uml.edu/student-services/counseling/resources/hotlines.aspx> for more information on hotlines and hours of operation

*Submit a referral for students to the **STudent Assessment, Referral, and Support (STARS)** team and a case manager will reach out to the student to offer information and resources

- Referrals can be submitted to STARS by clicking the "STARS Report" link at uml.edu/stars.

PSYCHOLOGICAL EMERGENCIES

EMERGENCY PREPAREDNESS

www.uml.edu/eem/emergency-management/
978 - 934 - 4911 (emergent)

It is important to make sure you are prepared for an emergency situation. Taking a few simple steps can greatly help you in the future in the event of an emergency.

Make an emergency preparedness kit!

- If you live on campus, try to keep it in your dorm. If you are a commuter, have it in your home!
- Include things like:
 - water
 - some non-perishable food items
 - batteries
 - a flashlight
 - a first-aid kit
 - a whistle
 - simple tools that may come in handy (wrench/pliers/can opener)
 - basic sanitation items (paper towels/garbage bags/tissues)
 - a change of clothes
 - sturdy shoes
 - medications
 - extra glasses/contacts

Make an emergency plan!

- Having a plan in advance can help ease some of the chaos if an emergency were to occur
- Have a safe meeting location at home or somewhere easily accessible
- Identify who to call in case of an emergency on your cell phone
- Be prepared to limit phone use to essential functions only
- Stay informed and make sure to have alerts on so you can stay notified of updates
- Remember to **think** before you **act**!

Power Outages:

- Move cautiously to a lighted area, avoid elevators
- Conserve phone/electronic battery
- To preserve heat/AC, close windows and doors
- Avoid opening refrigerators/freezers
- If water systems become affected, follow boil water advisories issued by the campus
- Unplug electronics to prevent power surges when power returns
- Contact the emergency line if you have a medical device/equipment that requires power
- Contact UMass Lowell Facilities to report the power outage or utility disruption
- In extreme weather conditions, consider moving to campus buildings with generators or climate controlled areas

*Elevators will likely not function in an emergency. Even if the elevators are functioning, avoid using them. Individuals who are trying to escape certain floors could call the elevator to their location, bringing you closer towards the danger.



Emergency Action Plan created by the



Office of Life Safety &
Emergency Management