



LIRA NEWSLETTER

LEARNING IN RETIREMENT ASSOCIATION
Office of Community and Cultural Affairs – UMass Lowell
Member of Road Scholar Institute Network
Tel.: (978) 934-3135 Web: uml.edu/community/LIRA



May 2024

Vol. 31 No 2

LIRA Annual Meeting



• Wednesday, May 15 •

• 10:00 a.m - noon •

• Moloney Ballroom
(University Crossing) OR
On Zoom •

FREE SNACKS

Elect Officers and Learn about the summer schedule

From the President:

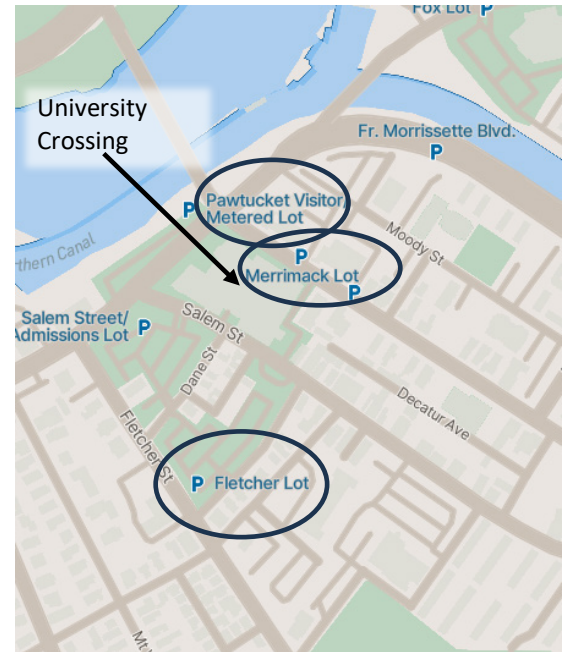
On Wednesday, May 15, 2024, at 10 a.m. until noon, LIRA will hold its Annual Meeting in the Jacqueline and Edward Moloney Hall (UCC-260) at University Crossing. For those with parking hangtags or who have purchased a one-day pass, parking is available in the Merrimack Street lot and the Fletcher Street lot. Metered parking is available at the Pawtucket Visitor lot and the 817 Merrimack Street lot. The Salem Street/Admissions lot is generally not available for LIRA parking.

The LIRA Annual meeting is held each year to elect our officers for the coming year and conduct other business as needed. The nominating committee, chaired by Richard Grove with members Kathy Forstey and Bob Hanlon, will present their slate of nominations for President, Vice President, Treasurer and Secretary for the coming year. Prior to the vote, additional nominations will be solicited from the members present at the meeting.

We will have a speaker at the meeting who will be announced via the Weekly Constant Contact email.

Jim Rutter and Bev Rudeen will present the LIRA Summer Intersession program.

LIRA could not function without the benefit of numerous members who are volunteers. From the refreshment volunteers to the class and field trip coordinators, hosts, speakers, committee members and chairpersons, everyone contributes to our successful operation. I want to express my sincere thanks and appreciation to all of our LIRA volunteers. If you want to help out, LIRA will welcome your contributions.



Membership Renewal 2024 – 2025

LIRA membership dues are \$145 (\$240 for couples) for the year July 1, 2024, to June 30, 2025, and are due by August 15, 2024. A portion of the dues (\$100 for an individual and \$150 for a couple) is tax deductible. The University will send each member a receipt for tax purposes; the remaining portion of the dues is returned to LIRA for operational expenses.

A convenient payment method is by credit card on the [LIRA website](#). Click "Join LIRA" on the left side menu and then click "Join or renew online." You will receive an immediate acknowledgement and a receipt after filling out the form.

If you would rather pay by check, use the LIRA renewal form available on the LIRA website. Every member must complete a form; both members of a couple must complete a form. Send the form(s) and check to the Alumni Office, as stated on the renewal form, by August 15, 2024. Dues checks will be accepted at the Convocation in September **by exception only**.

We look forward to seeing you in the next academic year.

Bonnie Heines, Membership Chair

LIRA SCHOLARSHIPS

The Holiday Party in December was the perfect setting to welcome the 5 winners of the LIRA Scholarship Awards: Victoria Fagundes, Hannah Gould, Yashvi Patel, Caroline DeSouza, and Sean Simonini. Each student is outstanding and expressed hopes for the future and gratitude for this recognition. Their academic achievements and impressive service to the community were described in introductions to an appreciative audience of family, friends, and LIRA members.

The Scholarship Committee is very grateful for the generosity of the members of LIRA that makes these Scholarships possible. Thank you also to Patty Coffey, Director of Community Relations, Reja Gamble, and Tary Chateauneuf of Alumni Relations at UMass Lowell for their help and to the members of the hardworking committee: Margie Berenson, Alan Kent, John Mamalis, Debby Friedman and Barbara Murch. Most of all, thank you to the co-chairs, Janet Redmond and Dee Sferrino, for their years of service to this committee. You will be missed!

Newsletters on Website

The newsletter comes out four times a year on the first day of the following months – March, May, September and December. Everyone can read the newsletter online if you have access to a web browser. Those members who do not have email can request to have a hard copy sent to them.

The on-line newsletter is just like the printed one only better - it's in color! This policy helps us save substantial printing and mailing costs to the university as well as a few trees.

The website for the newsletter is: www.uml.edu/community/LIRA/newsletters/



The next newsletter will be out around September 1, 2024; the deadline for news items is **August 15, 2024**. Please email your articles to [Becky Bronson](mailto:Becky.Bronson@uml.edu) at any time before the deadline.

Becky Bronson

Member News and Updates

Have you moved or had a major event in your life in the past few months that you would like fellow LIRA members to know about?

Please submit all member news items to Laura Boerman: laura_boerman@yahoo.com

LIRA Lowell Area Dining Trail Part 1: The Athenian Corner

On Wednesday, April 17, LIRA members experienced the first of several dining tours, brought to you by LIRA's own Diversity Team. Members dined at The Athenian Corner, located in the heart of downtown Lowell. The restaurant is part of the Historic District. Since 1974, the Panagiotopoulos family has been proudly serving quality Greek dishes and generous portions at affordable prices, and with owner Ted Panos as our guide, we learned about Greek cuisine, culture, and community in Lowell.

Attendance at these tours is limited, so be sure to sign up early for the next tour scheduled for July 31 at 3:00 p.m. at the Panela Restaurant, 525 Market Street, Lowell. See the summer course description for more information.

Becky Bronson

Photos by Laura Boerman



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LIRA 2024 Summer Intersession

Course/Trip Descriptions

(Note: * indicates LIRA member)

Mozart - His Life and Music

Wednesdays, June 5 and June 12 10:00 a.m. – noon
University Suites Rm. 106 and on Zoom

In two sessions, we will complete the presentation of Robert Greenberg's lectures on Mozart's life. His courses on classical music for the Teaching Company are always informative, filled with enthusiasm, and frequently irreverent. This Mozart biography is no exception, and these final four talks are sprinkled with examples of his mature music.

You don't need to have heard lectures 1-4. Just know that Mozart was an amazing child prodigy at performing and composing, and that he was toured all over Europe by his ambitious father. The story resumes in 1779, when he was 23 years old. In his final lecture, Prof. Greenberg goes into the theories about Mozart's tragic death at 35, at the peak of his creative power. We won't add much to Greenberg's lectures, but there will be a little time for discussion, and some extra musical examples, perhaps.

Facilitator: Peter Clark/Coordinator: Bev Rudeen**

Andres Institute of Art

Wednesday, June 19 10:00 a.m. – noon
Trip; Brookline, NH

The Andres Institute of Art was founded in 1998 by Paul Andres and John Weidman. It hosted the first International Annual Bridges and Connections Sculpture Symposium in 1999. The 140 acres has 12 miles of trails, with 100 sculptures by artists from 50 countries on permanent display along the trails. The art and trails are open and available to the public every day, for free. A former ski resort, the Andres Institute is a bit steep; be prepared.

*Coordinator: Lisa Hertel**

Yoga

Wednesday, June 26 10:00 a.m. – noon
At UML Campus Rec. Center, 322 Aiken St.

Presenter: Diana Dellogono

Join the Campus Recreation Staff for a tour of the facility (LIRA members can obtain a Campus Recreation Center Membership) and a short exercise class designed to help improve balance, muscle strength and endurance. The exercises performed are designed so that you can complete them on your own at home. You will have to sign a waiver upon entry.

*Coordinator: Jim Rutter**

Mogan Cultural Center

Wednesday, July 10 10:00 a.m. – noon
Tour (local - Lowell)

We will be visiting the Mogan Cultural Center on 40 French Street Lowell to see the “One City, Many Cultures” exhibit along with the other exhibits at the center. The visit is free, but parking will be at 350 Dutton Street in the Hamilton Parking garage. Please meet at 10:00 a.m. at the National Park Visitor Center where we can have our parking ticket validated and then we will proceed to the Mogan Cultural Center. The walk is about 10 to 15 minutes. We will meet a docent there to tell us about the exhibit. You may find closer paid parking on the street or in a closer garage.

*Coordinator: Beverly Rudeen**

Eustis Estates

Friday, July 19 10:00 a.m. - noon
Trip; Milton, MA

Join other LIRA members for a self-guided tour of the Eustis Estate in Milton MA. The mansion was built in 1878 and is a rare surviving example of late 19th-century architecture. Both the buildings and grounds are now property of the Historic New England collection of properties. The surrounding eighty acres of picturesque landscape are at the base of the Blue Hills Reservation and are just perfect for a leisurely stroll to admire the beautiful brick and stone facade and other details of the mansion from a distance.

The indoor self-guided tour experience is designed to allow visitors to move freely throughout the house, using touch screens to learn more about the history of the family, architecture, and decoration. Guides are able to answer questions. An elevator is available for access to the second floor.

Bring a blanket, chairs, and a picnic lunch if you'd like to spend some time after touring the home. Carpools will be encouraged for this activity; the distance from Hannaford's lot in Chelmsford to Eustis Estate in Milton is approximately 42 miles, just under one hour driving time. Meet at Hannaford's at 9:00 a.m. if interested in carpooling. Cost is \$17 for seniors, pay at entrance.

*Coordinator: Suzanne Gamache**

Fisher Cats Baseball

Wednesday, July 24, 2024 12:05 p.m.
Northeast Delta Dental Stadium, Manchester, NH

Come see the New Hampshire Double A Fisher Cats take on the Reading Fighting Phils in an afternoon game at Delta Dental Stadium in Manchester, NH. This is a great opportunity to discuss and learn about baseball strategy, statistics and maybe even see something you've never seen before in a baseball game.

We have 15 tickets at \$20 each. Contact Peter Sebelius at 978-758-5680 or sebes3@yahoo.com to reserve your seat. Make checks payable to LIRA, Inc and mail to Peter at 20 Draycoach Dr., Chelmsford, MA, 01824-1024.

Coordinator: Peter Sebelius*

LIRA Lowell Area Dining Trail Part 2

Wednesday, July 31, 3:00 p.m.

Panela Restaurant, 525 Market Street, Lowell

Brought to you by LIRA's own Diversity Team, experience the second stop of the LIRA Dining Trail's exciting food cultures of the Lowell area. Panela Restaurant, a cherished family-owned restaurant inspired by the rich tapestry of Colombian gastronomy, pays homage to "panela," the raw sugar cane that inspires the heart of Colombian cuisine. Chef Viviana masterfully transforms panela into the main ingredient, infusing each dish and drinks with a touch of Colombian heritage. Join Chef Viviana on a journey of flavors that celebrate Colombian tradition and creativity.

- Late lunch / early dinner meal of your choice.
- Anticipated Cost (\$25.00) per person, payable at the restaurant
- Signup at the LIRA annual meeting, first come basis; attendance limited to 15 people.
- Parking: Street Level
- The menu is nearly 90% gluten-free, each dish prepared with love and freshness daily.

Coordinator: Kathy Cryan-Hicks*

Book Discussions

10:00 am. - noon

(Zoom only)

May 17 Grapes of Wrath, by John Steinbeck, many editions and number of pages varies with edition. Discussion leaders: Rebecca Kelley-Morgan* and Steve Buccieri*

June 21 Democracy Awakening: notes on the state of America, by Heather Cox Richardson, 2023, 286 pages. Discussion leader: Lynn Tyndall*

Film Discussions

10:00 a.m. – noon

(Zoom only)

May 24 - "The Florida Project" Discussion Leader: Bob Hanlon*

LIRA's 2024 Summer Intercession Calendar

Please note: Zoom only classes are marked in red; hybrid in black

Field Trips are in-person only

Monday	Tuesday	Wednesday	Thursday	Friday
May 6	May 7	May 8	May 9	May 10 10 am to Noon Tour of the La Belle Winery (A bus will depart Tewksbury Hilton Garden Inn parking lot at 10:15)
May 13	May 14	May 15 10 am to Noon LIRA Annual Meeting Maloney Ballroom	May 16	May 17 10 to Noon Book Discussion <i>Grapes of Wrath</i>
June 3	June 4	June 5 10 am to Noon Mozart—His Life and Music	June 6	June 7
June 10	June 11	June 12 10 am to Noon Mozart—His Life and Music	June 13	June 14
June 17	June 18	June 19 10 am to Noon Andres Institute of Art Brookline NH	June 20	June 21 10 to Noon Book Discussion <i>Democracy Awakening...</i>
June 24	June 25	June 26 10 am to Noon Tour the UML Recreation Center with a short Yoga class	June 27	June 28

Monday				
May 6	Tuesday	Wednesday	Thursday	Friday
	May 7	May 8	May 9	May 10 10 am to Noon Tour of the La Belle Winery (A bus will depart Tewksbury Hilton Garden Inn parking lot at 10:15)
July 8	July 9	July 10 10 am to Noon Tour of the Mogan Cultural Center (Meet at 10 am at the National Park Visitor Center)	July 11	July 12
July 15	July 16	July 17	July 18	July 19 10 am to Noon Trip to the Eustis Estates in Milton, MA (To carpool, meet at Hannaford's lot at 9:00am)
July 22	July 23	July 24 12:05 pm Fisher Cats Baseball Delta Dental Stadium Manchester, NH	July 25	July 26
July 29	July 30	July 31 Tour at 3 pm Lowell Area Dining Trail Part 2		