

LIRA NEWSLETTER

LEARNING IN RETIREMENT ASSOCIATION

Office of Community and Cultural Affairs – UMass Lowell Member of Road Scholar Institute Network

Tel.: (978) 934-3135 Web: uml.edu/community/LIRA

May 2014 Vol. 21 No. 2



Details for Annual Meeting

The Annual Meeting will be held in Cumnock Hall at 31 University Avenue, Lowell from 10 a.m. to noon. A shuttle bus will be taking us from the parking lot at the Tsongas Center to Cumnock Hall, leaving us off across the street from the building. The first shuttle will leave at 9 a.m. **sharp** and return for a second trip. The return to the Tsongas parking lot will leave shortly after the end of the meeting.

It has been decided to bring homemade goodies for the meeting. If you would like to volunteer to bring some kind of finger food (fruit, cheese and crackers, cookies, etc.), it would be appreciated. Many, many thanks to all the volunteers who provided the delicious refreshments during the spring session.

Along with the election of officers, we will be reviewing the summer schedule and signing up for trips. If you are not able to attend the Annual Meeting and wish to sign up for trips, please ask someone to do it for you.

Hope to see you all there!

Slate of Officers for 2014-2015:

The Nominating Committee would like to present the 2014-2015 nominations for officers of LIRA to be voted on at the Annual Meeting. All nominees have agreed to serve if elected.

President	Toby Hodes
Vice-President	Richard Grove
Secretary	Shirley Mitchell
Treasurer	

Nominating Committee
Jean Schott, Chair
John Mamalis
Barbara Page

Moses Greeley Parker Lectures

The following is the final lecture for the 2013-2014 Parker lecture series held on the day, time and place noted. The lectures are free and open to the public. Look for a new list in the fall.

Sunday, May 4, 2:00 pm – Lowell National Historical Park Visitor Center Seth Rockman – "Mill Hands, Field Hands"

Mill hands, field hands, and the intertwined worlds of factory and plantation in antebellum America. Ralph Waldo Emerson famously quipped, "Cotton thread holds the Union together." This talk will explore the meaning of these connections for the men and women laboring both in New England mills and on Southern slave plantations. Seth Rockman is a specialist in Revolutionary and Early Republic United States history and is currently an Associate Professor of History at Brown University.

Program Reminder

May 1, 2014, Alumni Hall Lounge, 5-7 p.m. "Our shared climate legacy: Student-produced film shorts and an intergenerational discussion about responding to climate change" We are excited to present an evening featuring short, student-produced videos and an open, student-lead discussion about what we can do to create a better future in the face of our changing climate. With support from the NASA-funded Climate Education in an Age of Media (CAM) Project (http://cleanet.org/cced_media/), UMass Lowell students taking the Climate Change: Science, Communication, and Solutions course will present what they have learned, what they want to communicate, and the questions they have for each other and their community on how we can shape a future that responds to climate change while improving human well being.

Members from **LIRA**, the Learning in Retirement Association, are invited guests, along with the general public and UMass Lowell faculty, staff and students. Note: Parking is easily available at this time on North Campus, gates will be up in the Olsen and Riverside lots. **Free and open to the public.**

Juliette Rooney-Varga, Ph.D.

Associate Professor, Biological Sciences Director, Climate Change Initiative UMass Lowell

Membership Renewal 2014–2015

In order to assist UML with their LIRA database we are asking current members to use the LIRA renewal form printed in this Newsletter. Every member must complete a form. If you are renewing a single membership use the bottom half of the form, snip and mail with check as directed. Both persons of a couple must complete separate information, so use both forms on the page and send the entire page with a single check.

Please complete the questions, also, since we would like to update our own database. Send form(s) and check to the Alumni Office, as directed on the renewal form, by August 15, 2014.

If you wish to pay by credit card please use the form on the LIRA website www.uml.edu/community/lira. Click "Join LIRA" on the left side menu and then click "Join online now!" This is a very convenient payment method since you will receive immediate acknowledgement and receipt.

It was a great year and now we look forward to seeing you again in the next academic year.

Marjorie Short, Membership

Merrimack Valley Magazine

The May/June issue of the *Merrimack Valley Magazine* will feature a story on LIRA by Sandra Seitz. If you were at the NERVE Center on February 12, you may have noticed a photographer taking many pictures; some of those will appear with the story. The magazine can be found at various newsstands throughout the Merrimack Valley, select Hannaford Supermarkets (Drum Hill has them), Market Basket, Shaw's, Stop & Shop, Tedeschi Food Shops, Rite Aid Pharmacy, 7 Eleven, and White Hen Pantry.

Chelmsford Library Lecture Series

The Chelmsford Library is running a Lecture Series in conjunction with LIRA on the second Friday of the month. The lectures begin at 10 a.m. in the McCarthy Meeting Room. Check the library's website for further information.

May 9: "China's Foreign Policy" by Shehong Chen

www.chelmsfordlibrary.org/programs/programs/ friday_morning_lectures.html

Member News

Sally Cady is now a resident at Robbins Brook Assisted Living, Apt. 213, 10 Devon Dr, Acton MA 01720, 978-263-3810.

Since our last newsletter, several members have undergone surgery:

Jeri Durant for her shoulder, Judith Raiguel for carpal tunnel, Barbara Kager again for her knee and Dotty Morris again for her thyroid. All are recuperating at home. We wish them a full recovery and hope to see them all again soon.

We were saddened to learn that Carolyn Fowler, a long-time former member of LIRA has passed away. Carolyn was very active with LIRA, having served on several committees. We extend our sincere sympathy to her family. (See more information about her elsewhere in this newsletter.)

We are also saddened to learn that another long-time LIRA member has passed away. Kay Collins died on Thursday, April 24. Arrangements have not been published as of this writing, but Dotty Morris, friend of Kay for 59 years, said that the wake will be at Blake Funeral Home in Chelmsford on Wednesday, April 30 and the funeral will be at St. Mary's, Chelmsford on Thursday morning, May 1. Our deepest sympathy to her family and friends.

If you know of any member who would like to be remembered by LIRA, please contact me, and I will send cards. 603-943-7527. simone32allard@gmail.com.

Simone Allard

Many thanks to all for your cards, emails and calls during my recent shoulder surgery. They were greatly appreciated.

Jeri Durant



Long-time LIRA member Carolyn Fowler died on March 5, 2014. She was an active member for many years and was on the Curriculum Committee and the Art & Music Committee for at least seven of those years. A \$50 donation was made to the Scholarship Fund in her memory. A portion of the obituary follows.

GROTON -- Carolyn M. Fowler, 96, of Groton, MA, died Wed., March 5, 2014, at the Sunny Acres Nursing Home in Chelmsford, MA.

She was married to the late John S. Fowler, who died May 12, 1992.

Born in Danielson, CT, Carolyn was the oldest of five daughters of the late Carroll and Leah Allen. She was a graduate of Lowell State Teachers College with the Class of 1937.

She worked as an Elementary School Teacher at the Talbot Elementary School in Billerica for over 18 years before retiring in 1981. Up until four years ago, she lived in Groton, MA, and wintered in Ft. Myers, FL, where she enjoyed tennis and golf. She summered on Lake Massapoag in Dunstable, MA.

She was a former member of St. Joseph Church in Pepperell and sang in the church's choir. She was a member of Sweet Adeline's Singing Choral Group. Carolyn was also involved in Learning In Retirement Association at UMass Lowell, where she occasionally taught classes. She traveled extensively, and was an avid bridge player. Carolyn enjoyed sports including basketball and field hockey in high school and college, and watching New England Patriots' games. She will be greatly missed by her family.

She is survived by a son and daughter-in-law, Allen and Joyce (Frankauski) Fowler of Londonderry, NH; three daughters and three sons-in-law, Nancy and Robert DiMeo of Dunstable, MA, Jean and Jock Conroy of Dracut, MA, and Carolyn and Chuck Barney of Groton, MA; a sister, Frances Dunn of Hampton Falls, NH; 11 grandchildren; 22 great grandchildren, one great-great-grandchild; and many nieces and nephews.

Greater Lowell Music Theatre

In partnership with the UMass Lowell Center for Arts and Ideas, and sponsored in part by the Lowell, Chelmsford and Dracut Cultural Councils, the Greater Lowell Music Theatre is presenting three plays this season at Durgin Hall, 35 Wilder Street, Lowell, MA.

June 27, 28, 29: Fiddler on the Roof August 1, 2, 3: Chicago

See their website for further information. www.glmt.org/greater-lowell-theater

Indian Hill Music Listings for May

INDIAN HILL MUSIC SCHOOL PERFORMATHON:

Indian Hill Music School students and faculty offer two days of free recitals in all musical styles, from classical to jazz: **Friday**, **May 2, 6 – 9pm and Saturday, May 3, 10am – 6pm** at 36 King Street (Rte. 495/Exit 30), Littleton, MA. *Contributions accepted to benefit the Indian Hill Music School Scholarship Fund, which awards more than \$55K in need-based scholarships annually*.

FLUTE DUO & PIANO: Indian Hill Music School faculty musicians explore the colorful flute and piano repertoire from Baroque through 21st Century, including works by Amlin, Foote, McDonald, Gaubert, Higdon, and Kamen: **Sunday, May 4, 3pm** at 36 King Street (Rte. 495/Exit 30), Littleton, MA. Featuring flutists Ashley Addington and Ona Jonaityte with pianist Eric Kamen. FREE admission. *This concert made possible by the Marjorie Besas Memorial Fund*.

'BACH'S LUNCH' CONCERT: Indian Hill Music School's free monthly concert series presents 20th Century piano trios with Orchestra of Indian Hill musicians: Bonnie Anderson, piano; Sheffra Spiridopoulos, horn; and Nancy Dimock, oboe. TWO SHOWS - **Thursday, May 15 at 11 am and 1:30 pm**, 36 King Street (Rte. 495/Exit 30), Littleton, MA. Coffee, tea and cookies served; bring your lunch. FREE admission. Group reservations at (978) 486-9524 x116.

FAMILY 'SUMMER SPLASH': Indian Hill Music School's Early Childhood Department introduces its summer classes for newborns through age 7. Young families invited to sing, dance, play instruments, and experience our Kindermusik programs. **Wednesday, May 14, 6:30-7:30pm**, 36 King Street (Rte. 495/Exit 30), Littleton, MA. FREE admission. *This event is sponsored by DCU for Kids*.

OPEN HOUSE FOR ADULT LEARNERS: Indian Hill Music School will offer an Open House for adults interested in exploring music lessons in all styles and levels, beginner to advanced. Meet faculty, ask questions, try instruments, register for programs: **Friday, May 16, 6:00-9:00pm**, 36 King Street (Rte. 495/Exit 30), Littleton, MA. FREE admission.

HONORS STRING RECITAL: A select group of Indian Hill Music School string students from the community will perform in the school's annual Honors String Recital on Sunday, May 18 at 3:00 pm, Indian Hill Music School, 36 King Street (Rte. 495/Exit 30), Littleton, MA. FREE admission.

YOUTH CHOIR 'INFORMANCE': Come to a Demo-Performance of 'Cantori Scolari' – our youth choir for ages 8 to grade 12 at Indian Hill Music School: Friday, May 30, 7:00pm, 36 King Street (Rte. 495/Exit 30), Littleton, MA. Learn about the program, meet the director, ask questions, register for summer term. FREE admission.

SUMMER MUSIC PROGRAMS: Register now for summer programs for all ages and levels at Indian Hill Music School, 36 King Street (Rte. 495/Exit 30), Littleton, MA. Multi-week programs include skill-building festival for ages 8 – 18, children's musical theater (Into the Woods Jr.), chamber music for adults, early childhood music classes, plus private lessons on most instruments. Programs run various weeks June through August.

ART EXHIBIT: The Gallery at Indian Hill presents "Photography to Art: Seeing Nepal While Trekking," colored pencil works by artist and world traveler Dr. Connie Lanseigne-Case. On display May-June at 36 King Street (Rte. 495/Exit 30), Littleton, MA. (M.-F., 10am–8 pm; Sat., 10 am–4pm FREE and open to the public.) **OPENING RECEPTION & TALK: Wednesday, May 7, 10am – noon.**

Evanthea Vlahakis

Director of Marketing & PR Indian Hill Music | PO Box 1484 | 36 King Street | Littleton MA 01460 (978) 486-9524 x128

A Special Treat

Indian Hill Music is providing a classical guitarist, Bill Harriman, for musical background during Connie Lanseigne-Case's Art Reception on May 7, 2014 at Blackman Hall, Littleton, MA

The reception is preceded by a slide presentation: "From the Photograph to Art: Seeing Nepal While Trekking" with Connie talking about her journey to Nepal and how she chose to draw the exhibited art work.



Wanted! Someone who would like to "help out" with creating publicity notices for LIRA. Such notices of upcoming programs would be for local newsprint announcements and for creating posters. Anyone interested contact Jeanne Gunion by phone, 978 251-7207 or through email at gunionjeanne@yahoo.com.

Newsletters on Website

Yes, I'd like to Go Green by reading my newsletter on-line. The on-line newsletter is just like the printed one only better - it's in color! Please help us save substantial printing and mailing costs to the university as well as a few trees. Sign up by emailing Shirley Mitchell at shirlytm2@comcast.net.

The website for the newsletter is www.uml.edu/community/LIRA/newsletters.aspx



The next newsletter will be out on September 1, 2014; the deadline for news items is August 6, 2014. I would like your articles a little earlier because I will be on vacation on the second and

third week of August (check the front page – that's where I will be!) Please remember that the coordinators are now responsible for getting someone to write an article about their program, if you want something to appear in the newsletter. Articles may be given to me at any time before the deadline.

Jeri Durant



Time for a Change

If you want to remain current with LIRA members, take pen or pencil in hand and make the following changes in your membership list.

Returning Member

Dona Beavers 109 Merrimack Meadows Lane Tewksbury, MA 01876 978-858-0365 donafrog@comcast.net

New Members

Julie Barlas 360 Littleton Rd, B18 Chelmsford, MA 01824-3370 978-256-0853 ajbarlas@comcast.net

Vernon L. Eshbaugh 216 Graniteville Rd Chelmsford, Ma 01824 978-251-3223 eshbaughv@comcast.net

New Address

Sally Cady Benchmark Senior Living at Robbins Brook Room 213 10 Devon Dr Acton, MA 01720 978-263-3870

Email Changes

Barbara Pofcher: bpofcher1@verizon.net

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simone32allard@gmail.com

Jeanne Gunion, Member Spotlight jgunion@comcast.net



May 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10am to Noon Great Decisions - Shirley Mitchell 1-3pm Beethoven—Jeanne Gunion	2	3
4	5 1-3pm Modern Middle East - John Kienzle	6 10am to Noon Shakespeare—Frank Carroll 1-3pm History of American Education Pat Fontaine	7 Art Exhibit at Indian Hill, Littleton, MA Meet at 10am at Indian Hill	8 10am to Noon Great Decisions - Shirley Mitchell 1-3pm Beethoven—Jeanne Gunion	9 10am to Noon Chelmsford Library Lecture Series - Chinese Foreign Policy - Shehong Chen	10
	12 10am to Noon Terrorism then and Now-N. Shortland 1-3pm Modern Middle East John Kienzle	13	14 10 am to Noon Annual Meeting Cumnock Hall	15	16 10am to Noon Book Discussion - The Lowland by Jhumpa Lahiri	17
18	19	20	21	22	23	24
25	26 Memorial Day	27	28	29	30	31



June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Meet at Great Brook Farm State Park, Carlisle, at 10am for nature walk and barn tour.	5	6	7
8	9	10	11 Meet at Hanna- ford at 9am for bus to Peabody Essex Museum	12	13 10am to Noon Chelmsford Library Lecture Series	14
15 DAY	16	17	18 Meet at 9:15am at Tscongas parking lot for shuttle bus. UML Saab Center Tour	19	20 10am to Noon Book Discussion - Lawrence in Arabia— Scott Anderson	21
22	23	24	25 10am to Noon University Suite, 106A Causes and Cures of Anxiety and Depres- sion—Arnie Kerzner	26	27	28
29	30					



July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9 10am to Noon University Suites, 106A The Politics of Food— Chris Wilkerson	10	11	12
13	14	15	16 Meet at the American Textile History Museum at 10am	17	18	19
20	21	22	23 10am to Noon Location to be an- nounced. Art and the Nazis - Lauren Fogle	24	25	26
27	28	29	30 Meet at Hannaford at 9:15am to carpool to The Old Manse, Concord	31		

LEARNING IN RETIREMENT ASSOCIATION

University of Massachusetts Lowell Lowell, Massachusetts 01834

2014 Summer Intersession

The 2014 Summer Intersession, given between semesters, offers to retirees and those semi-retired, a sample of LIRA's almost year-round program and friendly community. The program is planned and much of it provided by the members themselves. The general public is invited to all Intersession programs. The time for these programs is 10 a.m. to Noon. Programs on June 25 and July 9 will meet at the University Suites, Room 106A, 327 Aiken Street, Lowell. The location of the July 23 program will be announced. Parking is in the garage directly across the street from the Rec Center or in the Perkins Parking lot. Your ID is needed to enter the garage or lot. Please use your parking hangtags wherever you park.

June 4

Nature Walk and Barn Tour, Carlisle, MA

LIRA's annual outing this year, beginning at 10:00 a.m., will be a double-featured event. In the morning we will walk a two-mile loop in the Great Brook Farm State Park, and, in the afternoon, we will receive a guided tour of the robotic milking system ("smart barn") located in the Park.

The morning walk takes us through varied terrain of open fields and woods. Picnic tables are situated close to the parking area for our customary lunch. Toilet facilities and locally made ice cream are also available nearby.

Directions: (165 North Rd, Carlisle, MA) From Chelmsford Center, follow Route 4 South for 1 mile, then take the right fork onto Concord Road towards Carlisle. The Park office is 2 miles ahead on the left. The Park is just beyond the office. Go left on North Road—the parking lot is 1/2 mile down on the left. Holders of Senior Citizen Passes issued by the Massachusetts Department of Conservation and Recreation are entitled to free parking. The passes are available on site at no charge for those cars where no occupant has one.

Coordinator: Steve Sussman*

June 11

Peabody Essex Museum, Salem, MA

A docent-led tour of the works of the 19th Century British artist, Joseph Turner. He was a world renowned painter of landscapes and the sea. The fee, including bus and museum entry is \$30. Please send a check to Jean Schott, postmarked on or before May 26, payable to LIRA, Inc. Jean Schott, POB 1628, Westford, MA 01886. The bus will leave Hannaford in Chelmsford at 9:00 a.m. It will return from the museum at 2:00 p.m.

June 18

Mark and Elisia Saab Emerging Technologies and Innovation Center, Lowell, MA

A tour of the Saab Center. This new building is dedicated to carrying out research in materials vital for advances in fields such as nanotechnology, nanomedicine, molecular biology, plastics engineering and optics, furthering fields such as life sciences, energy, national security, environmental protection and more. The Saab Center is at the corner of University Ave and the VFW Highway, entrance across the street from Cumnock Hall. We will go by bus to the Saab Center. The bus will leave the Tsongas Center parking lot at 9:15 AM. (Only one trip.) The return will be at 12:00 noon.

Coordinator: Russ MacLeod*

Coordinator: Jean Schott*

June 25

Causes and Cures of Anxiety and Depression Arnold Kerzner, MD*

Approximately 4.7 percent of the nation's population suffers from persistent depression or anxiety disorders, with a minority of those afflicted receiving adequate medication or counseling. Psychiatrist Dr. Arnold Kerzner, will review the questions of the many causes, and treatments of these two prominent and disturbing disorders. He will encourage an interactional approach with his audience-but does not promise immediate cures!

Coordinator: Joan Kerzner*

The Politics of Food Chris Wilkerson

The state of our food production, consumption and distribution is fundamentally broken. Food labeling, safety, and oversight are sold to the highest bidder-- while sustainable alternatives are ignored in a sea of economic globalization. It's time to take control of our tummies and empower our forks.

Coordinator: Nancy Pitkin*

July 16

American Textile History Museum, Lowell, MA

Fiberart International 2013 is the 21st in a series of triennial juried exhibitions sponsored by the Fiberarts Guild of Pittsburgh, Inc. Chosen by a distinguished panel of artists and curators, Fiberart International 2013 (FI13) features 79 works by established and emerging artists, providing a unique opportunity to see current trends and innovations in this constantly evolving medium. Entrance fee is \$6, payable at the museum.

Coordinator: Barbara Page*

July 23

Art and the Nazis Lauren Fogle

Dr. Lauren Fogle is a medievalist who teaches in the history department at UML. She has also written a historical novel, *The Altarpiece*, about art looting and cultural oppression during the Nazi period. She will appear as part of the documentary series, *Mysteries of the Museum*, on the Travel Channel this spring. **Location to be announced.**

Coordinator: Dorothy Bromage*

July 30

The Old Manse, Concord, MA

We will have a tour of the Old Manse, 48 Monument St, Concord (adjacent to Old North Bridge). This was the home of Ralph Waldo Emerson and Nathaniel Hawthorne. The house was conveyed to the Trustees of Reservations in 1939. It was conveyed complete with all its furnishings, and contains a remarkable collection of furniture, books, kitchen implements, dishware, and other items, as well as original wallpaper, woodwork, windows, and architectural features. Meet at Hannaford in Chelmsford at 9:15 to car pool. The cost is \$6 payable at the Old Manse.

Coordinator: Carol Cannistraro*

*Member of LIRA

If renewing as a couple, each one must fill out a renewal form.

NAME			Date	_
ADDRESS				_
CITY		STATE	ZIP	_
PHONE	CELL		EMAIL	
In the event of <u>class car</u>	<u>ncellation</u> do you prefer to be	notified by EMAIL	PHONE	
Do you prefer to receiv	e the Newsletter <u>by MAIL</u>	ONLINE		
Are you a graduate of l	UMass Lowell? V	What Year/Degree?		
Special fields of study, i	interests, hobbies, etc			
•	k background or skills would	•	are with LIRA?	
NAME			Date	_
ADDRESS				_
CITY		STATE	ZIP	_
PHONE	CELL		EMAIL	
In the event of <u>class car</u>	ncellation do you prefer to be	notified by EMAIL	PHONE	
Do you prefer to receiv	e the Newsletter <u>by MAIL</u>	ONLINE		
Are you a graduate of I	UMass Lowell? V	What Year/Degree?		
Special fields of study, i	interests, hobbies, etc			
What experiences, wor	k background or skills would	l you be willing to sha	are with LIRA?	
membership fee will be	es are \$125. (\$200. for coup tax-deductible and will bene nl.edu/community/lira		dy 1 – June 30 payable by August arship fund.	15. \$100. of your
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Please return Renewals (or apply online by credit card) with a <u>check payable</u> to <u>UMass Lowell</u>, memo line LIRA and mail to: Office of Alumni Relations, Charles J. Hoff Scholarship Center

U Mass Lowell One Perkins Street Lowell, MA 01854